



Talk Title & Description.

“FIGHT FOR THEIR FUTURE”

How to Prevent Employee Frustration, Burnout, and Turnover.

SHRM BASK: Competency Training.

Interpersonal Cluster

- **Relational Management**
Sub-Competencies: Relationship Building, Conflict Management
- **Communication**
Sub-Competencies: Listening

Description & Benefits:

Employees naturally *default* towards feeling devalued, unseen, and unsatisfied.

And the reason many of us don't take the time to properly value our peers or employees, is because we're all overwhelmed and preoccupied by our own goals and responsibilities.

But as our employees' drift towards frustration- tension and awkwardness increase. And they: Get frustrated, bitterly comply, internalize mistrust, question their abilities, or unapologetically job search.

But what if you had a strategy that could ensure that every employee felt seen, heard, and valued? A strategy that could retain your talent through relational trust?

In this talk – you'll learn:

- A scientifically based “6-Step Approach” to safely resolve work tension with any peer, leader, or employee.
- How to have hard conversations that will ensure co-workers feel seen, heard, and valued.
- Cultivate psychologically safe relationships that allow you to confront sources of frustration and burnout collaboratively.

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